

Ongoing Activities

Lunch Served Daily

Monday-Friday: 11:15am-12:30pm

MAP - Medicare Counseling

Monday: 10am-12pm

Wednesday: 10am-12pm

Catholic Charities – Benefits

Enrollment Outreach

Wednesdays: 10am-12pm

Texas Hold 'Em

Monday-Friday: 8am-11am

Stretch & Tone Exercise

Monday, Wednesday, and Friday:

9am-10am

Bingo

Monday, Wednesday, and Friday:

12pm-1:30pm

Bean Bag Baseball

Tuesday & Friday: 1:30pm-4pm

Ukulele Group

Monday: 2pm-4pm

Crochet Club

Tuesday: 9am-11am

Grumpy Old Men – Live Big Band

Wednesday: 10:15am-11:30am

Scrabble

Wednesday: 10am-1pm

Mahjong

Thursday: 12pm-3pm

Line Dancing and Lessons

Thursday: 1pm-3:30pm

Jus' Right -Hawaiian Music Live Band

Friday: 10am-12pm



HUMAN SERVICES
AGENCY

June 2023

Washoe County Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Senior Coalition Meeting @ 8:30am	
4	5	6	7	8	9	10
		Senior Idol @ 1pm Saint Mary's Hospice Grief Group. 1pm-3pm	Senior Advisory Board Meeting @ 3pm			
11	12	13	14	15	16	17
					Parkinson's Support Group 2pm-5pm	
18	19	20	21	22	23	24
	Closed for Juneteenth	POA/Estate Planning. 11am Saint Mary's Hospice Grief Group. 1pm-3pm				Circle of Life Hospice – "Death Café" 11:00am-1:00pm
25	26	27	28	29	30	
		Blood Pressure Screening. 11:00am-1:00pm				